A NEW DIMENSION OF TRAINING

NEUROACTIVE EQUIPMENT COLLECTION



REAX RUN / BOARD / LIFT

CHAINS / KETTLEBELLS / FLUI BALLS

An equipment collection designed to make movement more responsive, engaging and adaptable.

THE BRAIN IS PART OF EVERY REP.



WHAT NEUROACTIVE MEANS

When a training surface or load changes, the body receives new sensory information. The person has to notice it, organize a response, and continue the movement. That is the idea behind neuroactive training.

THE TRAINING SEQUENCE

01 SENSE	Detect the change
02 DECIDE	Adjust the movement
03 RESPOND	Regain control and continue

TRAIN MORE THAN A MOVEMENT.



The aim is to challenge sensory awareness, movement control and physical effort within the same exercise. The coach can adjust the task so the stimulus suits the person in front of them.

BALANCE & POSITION

Respond to a changing base of support.

COORDINATION & TIMING

Organize the next movement while the task evolves.

STRENGTH UNDER CONTROL

Manage a load that does not feel identical on every repetition.

THE EQUIPMENT COLLECTION

Each tool creates a different form of controlled variation. Combine them for a distinctive training floor or add one station to an existing facility.



01 REAX RUN PRO 5

Multidirectional running surface



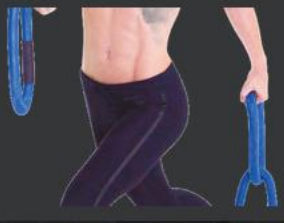
02 REAX BOARD

Motorized moving platform



03 REAX LIFT

Barbell with moving fluid discs



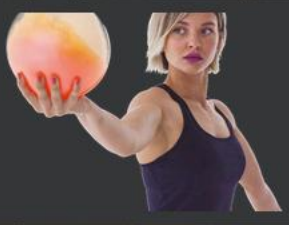
04 REAX CHAINS

Flexible linked weights



05 REAX KETTLEBELLS

Soft dynamic kettlebells



06 REAX FLUI BALLS

Fluid filled exercise balls

PRODUCT / 01

REAX RUN PRO 5

The treadmill that changes the ground beneath the runner.





HOW IT WORKS

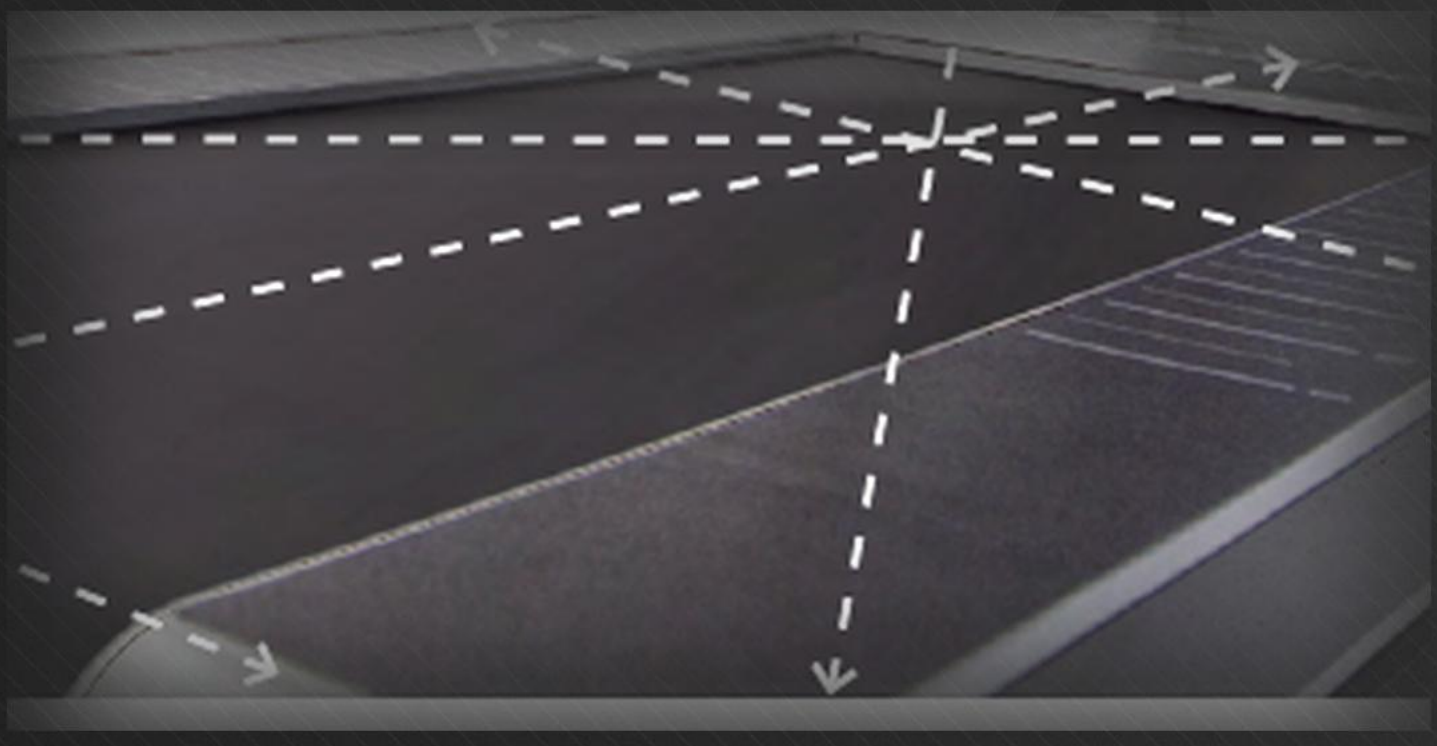
The running surface can change its front-to-back and side-to-side angle. This adds changing foot contact and balance demands to walking or running.

BEST SUITED TO

Walking drills • directional changes • intervals • athlete conditioning

REAX RUN / 3D MOVEMENT

The belt changes both its front-to-back inclination and its side-to-side angle. The athlete must continually adjust the next step.



FOUR DIRECTIONS. COUNTLESS COMBINATIONS.

UPHILL / DOWNHILL

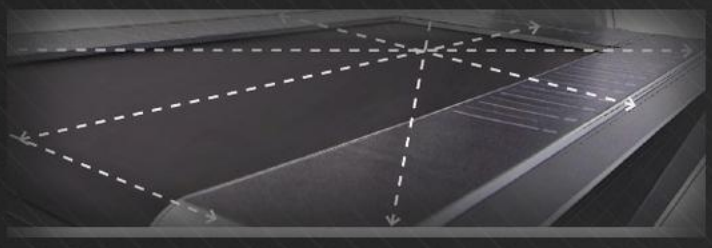
Challenge stride, rhythm and posture as the belt rises or falls.

LEFT / RIGHT TILT

Add lateral change that calls for foot placement and balance control.

The supplied brochure depicts an earlier REAX RUN generation. The PRO 5 photo and exact specifications must be confirmed before publication.

REAX RUN PRO 5 / IN PRACTICE





WHAT THE CLIENT EXPERIENCES

- Practice adjusting foot placement and posture as the surface changes.
- Combine cardio work with balance, timing and coordination tasks.
- Progress from controlled walking to more demanding athletic sessions.

WHY IT BELONGS IN YOUR FACILITY

- A standout treadmill experience that is easy to demonstrate.
- Multiple session formats: introductory, personal training and athlete conditioning.
- A reason for clients to return for structured progressions.

THE 30-SECOND DEMONSTRATION

Start at a comfortable walk. Then change the deck angle. The client feels immediately why a run on changing terrain requires more than speed and incline.

PRODUCT / 02

REAX BOARD

The smart floor that changes the exercise.





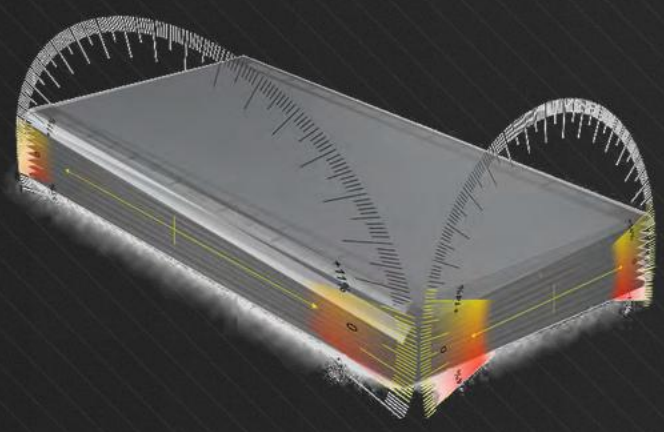
HOW IT WORKS

The Board varies its angle in several directions while the client stands or exercises on it. The movement turns ordinary drills into tasks that require active adjustment.

BEST SUITED TO

Balance • agility • squats and lunges • upper body support

REAX BOARD / IN PRACTICE





WHAT THE CLIENT EXPERIENCES

- Challenge balance, stability and body awareness.
- Add a changing base to squats, lunges, planks and sport drills.
- Keep the person engaged with the task from start to finish.

WHY IT BELONGS IN YOUR FACILITY

- Use one station across personal training, small groups and athlete programs.
- Make familiar exercises visibly different for prospective clients.
- Adjust exercise choice and challenge to different ability levels.

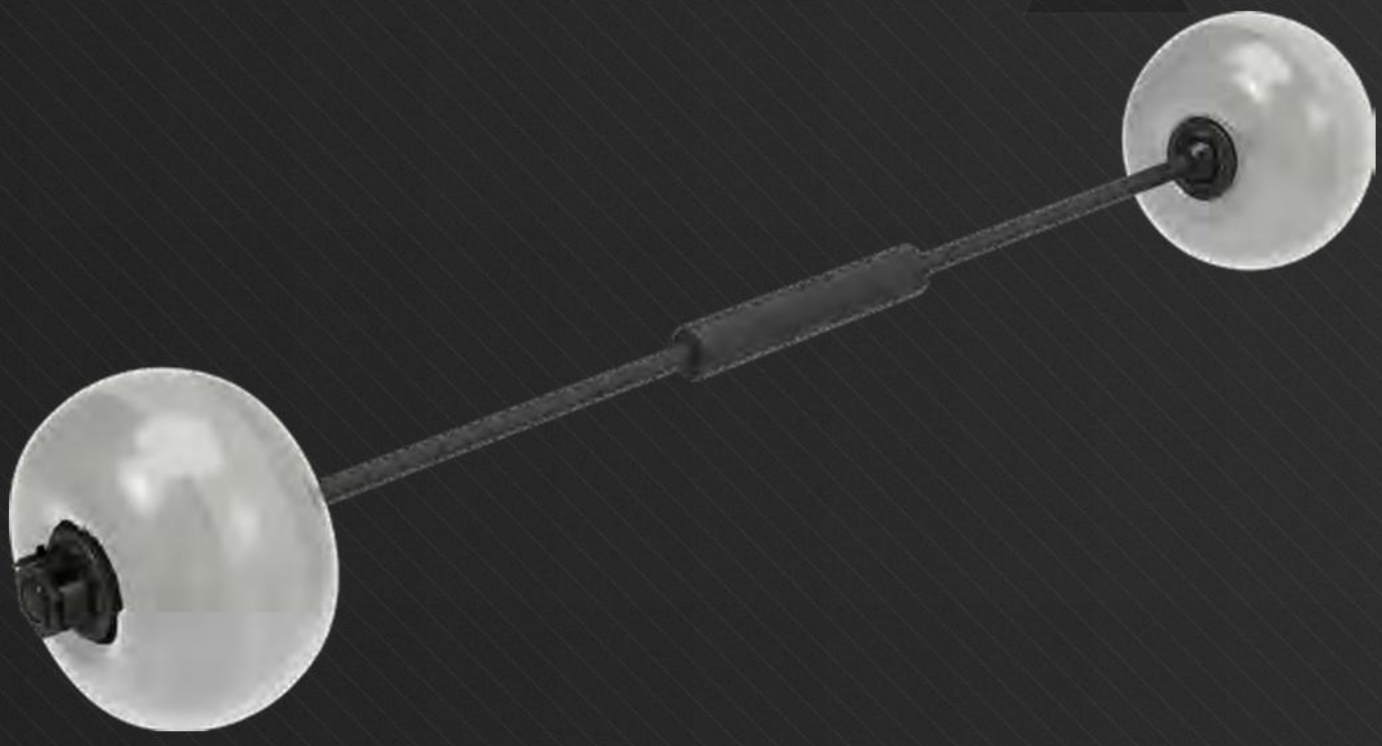
THE 30-SECOND DEMONSTRATION

Let a prospect try a simple stance or lunge on the Board. Once the platform moves, the difference between static balance and responsive control becomes tangible.

PRODUCT / 03

REAX LIFT

Strength training with a load that keeps moving.





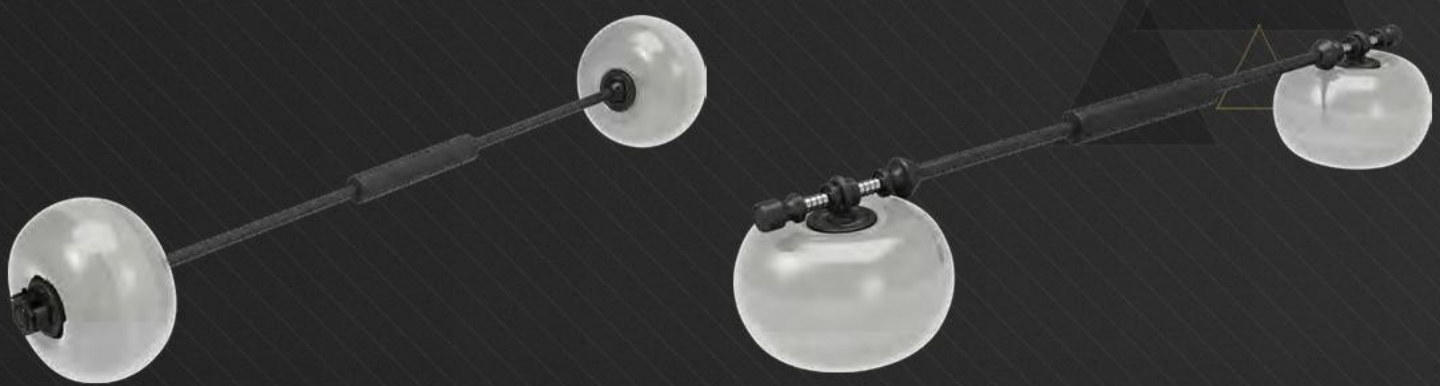
HOW IT WORKS

Fluid inside the soft discs moves during the lift. The system can be configured with the bar, discs and elastic accessories to change how the load responds.

BEST SUITED TO

Squats • carries • hinges • presses when appropriate

REAX LIFT / IN PRACTICE



WHAT THE CLIENT EXPERIENCES

- Work on strength while managing an unstable load.
- Challenge trunk control, grip and coordination during familiar lifts.
- Vary movement with the disc and elastic configurations.

WHY IT BELONGS IN YOUR FACILITY

- Show a full equipment system, beyond a single exercise.
- Build distinctive strength sessions and coaching progressions.
- Use barbell patterns, carries and conditioning drills.

THE 30-SECOND DEMONSTRATION

Show the full bar and disc system first. Then demonstrate a controlled lift: the moving fluid creates a changing load even when the bar path is familiar.

PRODUCT / 04

REAX CHAINS

Flexible weight for training in every direction.





HOW IT WORKS

Linked segments flex and shift as the client pulls, swings, carries or changes direction. The Chain Two and Chain Five offer different lengths and loads.

BEST SUITED TO

Rotations • lunges • carries • partner circuits

REAX CHAINS / IN PRACTICE





WHAT THE CLIENT EXPERIENCES

- Train timing and control as the weight changes shape.
- Combine strength, rotation and conditioning.
- Grip, fold or wear the chain to create varied exercises.

WHY IT BELONGS IN YOUR FACILITY

- Compact equipment for group circuits and PT.
- Visible variety from one tool and a small storage footprint.
- Different Chain Two and Chain Five options for progression.

THE 30-SECOND DEMONSTRATION

One chain can be held, folded, swung or carried. Show two exercises back to back to make its range of use immediately clear.

PRODUCT / 05

REAX KETTLEBELLS

A familiar tool with an unfamiliar response.





HOW IT WORKS

A moving internal fluid mass changes how the load feels through each repetition. The resilient, softer exterior supports training in different spaces.

BEST SUITED TO

Swings • carries • squats • conditioning

REAX KETTLEBELLS / IN PRACTICE





WHAT THE CLIENT EXPERIENCES

- Train strength while maintaining control of a changing load.
- Use in swings, holds, carries, squats and mobility work.
- Choose different weights to match the athlete and drill.

WHY IT BELONGS IN YOUR FACILITY

- A simple entry point into the neuroactive concept.
- Suitable for functional circuits and individual coaching.
- Soft contact helps protect the training environment.

THE 30-SECOND DEMONSTRATION

Ask the client to compare a steady hold with a slow, controlled movement. The fluid shift makes the coordination demand easy to feel.

PRODUCT / 06

REAX FLUI BALLS

A ball that never feels completely still.





HOW IT WORKS

Fluid moves inside the ball as it is held, lifted or thrown. That shifting mass changes the feel of each repetition and invites continuous adjustment.

BEST SUITED TO

Core control • partner work • mobility • conditioning

REAX FLUI BALLS / IN PRACTICE





WHAT THE CLIENT EXPERIENCES

- Challenge trunk control, grip and coordination.
- Use different ball sizes and weights to scale the task.
- Mix throws, reaches, partner drills and controlled holds.

WHY IT BELONGS IN YOUR FACILITY

- Easy to add to group training and personal training.
- Small equipment footprint and versatile applications.
- A visible way to explain the moving load concept.

THE 30-SECOND DEMONSTRATION

Use a controlled reach or partner pass. The changing fluid distribution makes every catch and hold a slightly different task.

BUILD A GYM THAT MOVES DIFFERENTLY.



Opening a neuroactive training gym, or adding a new training experience to your current facility?

Zivano Health Tech can help you select the equipment, plan the training area, arrange demonstrations and shape a program for your clients.

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